

Earl Monroe Mentoring Program

Guiding Principles for mentoring programs

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Director of Mentoring Program



Research confirms that having a connection with even one caring adult can have a transformative impact for a young person who is experiencing distress and feeling isolated.

The Role of Mentoring:

High quality relationships in young people's lives is linked to:

- increased student engagement
- improved academic motivation
- higher aspirations for the future
- High-quality relationships are characterized as caring, supportive, meaningful, reciprocal.
- These relationships foster a sense of belonging and competence.

Stages of relationship development

Relationship Formation

- Be Patient
- Be consistent
- Mentors should draw from their own experiences to share advice and knowledge but should also empower mentees to seek out information and support on their own.

Relationship Building

- Let the youth lead
- Set boundaries as needed
- Know the limitations of your role and temper expectations—Mentors can't and shouldn't try to alleviate every problem a young person faces. supports

Relationship Goals

- Fostering resiliency through mentoring- As a mentor you can be helpful in identifying tools for mentee to navigate their world.
- Also just fine if your relationship simply provides things like emotional support, encouragement, and a sense of identity.
- Be willing to grow and learn.



First Mentor Meeting

Developmental Relationships:

- Expressing care
- Challenging growth
- Providing support
- Sharing power
- Expanding possibilities

Program Structure:

- Guiding Questions/Writing Prompts via Email
- Check-Ins are a useful structure for mentors (Takes 5 min.)
 - >Reconnect with a student after time apart
 - >Learn what is on a student's mind
 - >Talk with a student about personal or school-based concerns and successes

Program Structure continued:

- **Extended Check-in (Extra 5 min.)**
 - >**Asking** additional reflection questions
 - >**Focusing** on a student specific concern of successes
 - >**Further** developing a conversation that arises naturally from the check-in structure
- **In-person Activities/Check-in**
 - >**Meet with mentee in-person at least 2 times this semester.**

Questions?

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Earl Monroe College and Career Readiness Program

Judith Redlener

Director of College and Career Readiness



The Role of the College Advisor

- Work with students and families individually to provide information along the entire college process
- Introduce students to exciting programs to enhance their high school and college experience
- Provide financial aid workshops and other information sessions
- Discuss career readiness and other avenues for those students who are not pursuing college degrees at this time
- Help students navigate their first year in college
- Organize college trips
- Help students prepare for standardized tests

College and Career Readiness in all Grades

9th and 10th

- Students will be using Naviance-a college and career readiness tool. We will be introducing it on Feb 27th in advisories
- College trips.
- Pre-college program
- College and Career speakers.
- Ensure all athletes register for eligibility with NCAA.
- PSAT10-April 28

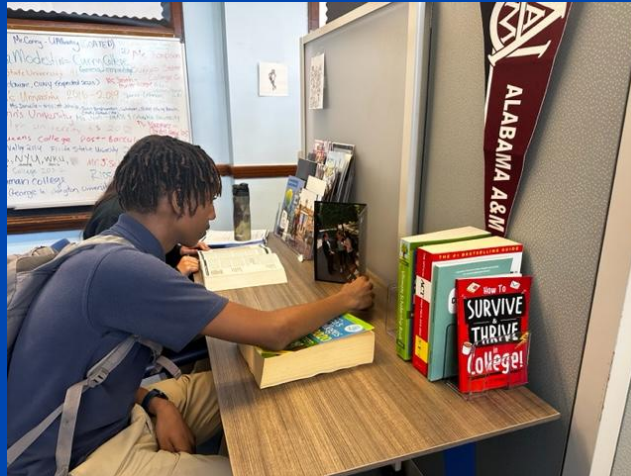
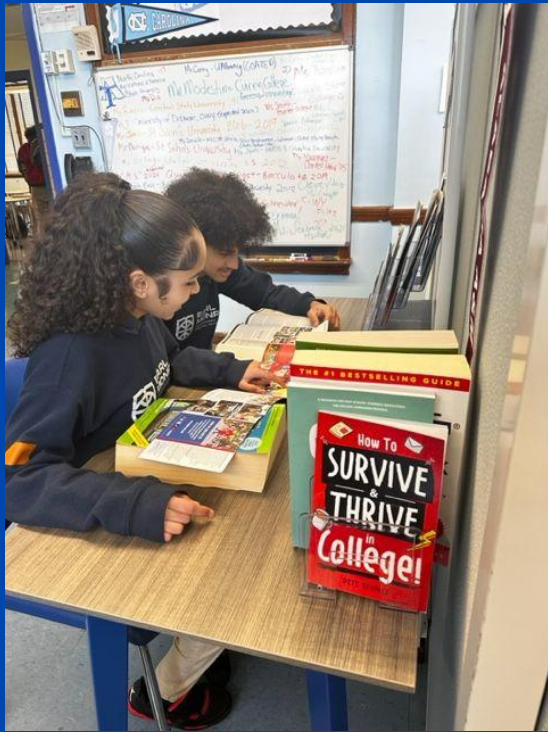
11th

- College and Career Readiness class.
- Continue to use Naviance.
- College trip.
- College and career fair at the school.
- FAFSA workshops.
- College essay writing workshops.
- Resume workshops
- SAT/ACT Prep.
- interview prep

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- Assist students with the college application progress: application, scholarships, transcripts, teacher recommendations, College essays, financial aid etc.
- CollegeNow and other programs for senior
- Guidance counselor letters.
- College trip.
- College Decision Day-May 1.
- FAFSA workshop.
- Job Fair and career day

College and Career Readiness Room



Importance of Parental Involvement

- For both students and parents, the college application process can be stressful, challenging and frightening. It's hard to know how much involvement a parent should have in their child's college journey.
- As you begin this process, it's important that students and parents are on the same page. A student should understand how much their parent will be involved in their college applications, and a parent should know what their child expects and needs from them. It's important to mitigate any conflict between parents and students throughout application season.

What you can do as parents/guardians

Talk about college and careers at home

Attend all parent meetings

Research colleges with your child

Complete FAFSA forms

Encourage your child to explore all options

Attendance matters

Financial Aid/Scholarships

Merit Based

Need Based

Location Based

Individual

Major Based

Athletic

Workplace based

HEOP

Tap/Pell

Excelsior



Immigration status:

You have the power to disclose information about your immigration status if, and when you feel comfortable doing so. My goal as the college counselor is to help your child graduate and go on to an institution of higher education, so please feel free and comfortable to reach out to me to discuss your individual situation.

Helpful websites

<https://bigfuture.collegeboard.org/college-search>

<https://secure-media.collegeboard.org/CollegePlanning/media/pdf/BigFuture-College-Planning-9th-10th-Graders.pdf>

<https://www.niche.com/>

<https://www.pta.org/home/family-resources/College-and-Career-Readiness>

<https://financialaidtoolkit.ed.gov/tk/outreach/target/parents.jsp>

<https://studentaid.gov/resources/prepare-for-college/parents>

<https://www.schools.nyc.gov/learning/student-journey/college-and-career-planning/college-information-for-immigrant-students>

<https://www.hesc.ny.gov/dream/>

Upcoming parent meeting

We will start to have detailed meetings about each step in the college process including:

- Introducing parents to Naviance, the college and career readiness tool we are using
- Financial Aid/FAFSA workshops both via Zoom and in person. These will be run by a Financial aid professional and will be available in both English and Spanish. The advisor will sit with you and help you with the entire financial aid process.
- Standardized testing
- Exploring the college application process step-by-step.
- Breaking down the different types of colleges, HBCU, PWI, Private, Public, Community College
- Is your child a student-Athlete? How to navigate the NCAA eligibility information and other questions.

....and more

Questions???

Please follow our instagram for up-up-date information on all things going on at the school @emnrschoolnyc

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